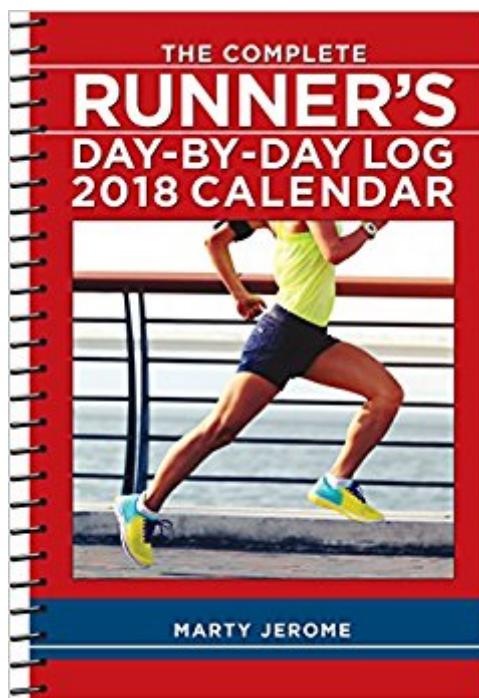


The book was found

The Complete Runner's Day-By-Day Log 2018 Calendar



Synopsis

The Complete Runner's Day-By-Day Log 2018 Calendar by Marty Jerome has been the preferred running journal among runners for more than 30 years. This running log/calendar features spiral-bound pages and includes tips, quotes, full-color photographs, lots of space for recording times, miles, and notes, and Marty Jerome's insightful monthly essays.

Book Information

Calendar: 144 pages

Publisher: Andrews McMeel Publishing; Egmt Spi edition (August 1, 2017)

Language: English

ISBN-10: 1449482317

ISBN-13: 978-1449482312

Product Dimensions: 6.5 x 0.6 x 9.2 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #45,537 in Books (See Top 100 in Books) #55 in Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging #167 in Books > Calendars #199 in Books > Sports & Outdoors > Individual Sports

Customer Reviews

Great calendar for keeping track of runs!

Very happy with this log. Already filling out my plans for races next year!

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Calendar - Photo Calendar By Helma 2018 Wedding Bell Bliss 18 Month Planner Calendar 2017-2018: July 2017 To December 2018 Calendar Schedule Organizer with Inspirational Quotes (2018 Cute Planners) (Volume 35) Puppies Calendar - Cute Animals Calendar - Dog Breed Calendars 2018 - Dog Calendar - Calendars 2017 - Calendars 2017 - 2018 Wall Calendars - Puppies 16 Month Wall Calendar by Avonside The Garden Journal, Planner and Log Book: Repeat successes & learn from mistakes with complete personal garden records. 28 adaptable year-round forms, ... (The Garden Journal Log Books) (Volume 1) Classic Car Calendar - Muscle Car Calendar - American Muscle Cars Calendar - Calendars 2017 - 2018 Wall Calendars - Car Calendar - American Classic Cars 16 Month Wall Calendar by Avonside Photography Calendar - Seasons Calendar - Calendars 2017 - 2018 Wall Calendars - Sunset Calendar - Photo Calendar - Seasons 16 Month Wall Calendar by Avonside Hell Bloody: Weekly planner. Swear word journal. Notes. Password Log. Phone Book. Calendar 2018. Appointment book 2018, Organizer 8,5 * 11 Runner's World The Runner's Body: How the Latest Exercise Science Can Help You Run Stronger, Longer, and Faster Runner's World Run Less, Run Faster: Become a Faster, Stronger Runner with the Revolutionary 3-Run-a-Week Training Program Runner's World Run Less, Run Faster: Become a Faster, Stronger Runner with the Revolutionary FIRST Training Program Runner's World Training Journal: A Daily Dose of Motivation, Training Tips & Running Wisdom for Every Kind of Runner--From Fitness Runners to Competitive Racers Runner's World Train Smart, Run Forever: How to Become a Fit and Healthy Lifelong Runner by Following The Innovative 7-Hour Workout Week The Maze Runner: Maze Runner, Book 1 Retrofitting Blade Runner: Issues in Ridley Scott's Blade Runner and Phillip K. Dick's Do Androids Dream of Electric Sheep?

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